

WAY OF LIVING LIFE: A CONCEPTUAL STUDY

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Abstract

Life is precious, because we have no chance to experience it again. But problem is that there are only a few people spend their time efficiently, although everyone knows that life is precious. What we should do while spending our time? How to spend our lives in a more magnificent way? This is the problem on which we should put focus, and it deserves. In this article, writer divides his view-points into three aspects to discuss how to live a meaning and colorful life, and he is trying to indicate people a way to find different way that suitable for themselves. Life is precious, this is what we all know but never accomplish in real lives.

Keywords: *Life, study, living*

When we take life as a topic it seems strange because sounds like we are at the perspective of witnessing instead of experiencing it. And these words are not usually coming from a mouth of young teenager who just starts his own life.

To be honest, teens are those who extremely need to think about life. Thinking is not the patent of philosopher, everyone can reach a high plateau after being properly trained, we are not going to be the top folk in the area of philosophy, but undoubtedly this kind of awareness is necessary.

The first thing on which I want to put focus is success. The whole world is boasting about success without being tired, media shows the link between their products and happiness, our education consciously only teach people how to become useful instead of telling them how to think, advertisement erupt all the corner of our lives and keep on talking about endless desire. The influence of thoughts is like sewing a seed, after some time it will grow up and create huge impact on our mind: The only I want is to be successful. They are just making effort to sell their products or propaganda, or just treat people like chessman. Right value is not something attractive for them.

So it's integral to think the essence of success. If we can't keep aware of the trap of being so-called successful, then we are unconsciously putting ourselves into trouble, we spend nearly whole life to chase endless material satisfaction rather than searching our own inner world, it's miserable that although we spend so much time to chase success, we find ourselves have no relationship with happiness at the end. We suffer from healthy problems; we've got no time to be with family, and to maintain the outer situation we are forced to keep on working. There are very few people can claim up to the pick of success, and even we do reach, there are still quantities of things that can't be done only by outer materials. That is to say, things are not always as good as they are seen, when we obtain them, we will know that troubles never end. It's not fun at all to live like a doll.

For most of us, the most important thing is to know what we really want. Especially jump out from the circle which is limited by the media, we should recognize our true identify, what can we do and what ought to do. It requires a lot of time and hardworking but it's worthy.

Now the problem comes that how to violate from the cliché from outside world and see the true face of life. For this case the most efficient method is study. Study is not a

single skill; there are lots of things included in it. In this occasion I'd like to suggest three important parts. First one is reading, we can reap numerous experience and thoughts through books for which we have to spend many years to obtain them. There is an evident fact the books can help to develop our ability to think comprehensively and helps us to face problems in new vision which we don't have before; also, books are helpful in upgrading good accomplishment. No need to consider books as life principle, but history shows that books had done great contribution in the process of human mental progress. It's really hard to conclude the importance of books in such a short text, the affection of study can't be measured by money, study is not that after reading Tolstoy, Nietzsche, Schopenhauer, Haruki Murakami, Kazuo Ishige, or after listening to Mozart, Haydn, Beethoven, Paganini we can quickly get some material payback, education permeates into the deepest bottom of our heart and plays its own role even we are not usually aware of it.

Second is to participate in meaningful activities, like volunteering in nursing home, nourishing your own interesting. Whatever it is, we should have something on which we can put our focus, what result we can get is not the target, the process, which could help enrich our mind and life, is important, also these kind of activities or skills are helpful for the conversion of our bad moods when are in trouble.

Third, independent thinking is indispensable. The final aim of study is leading people to think properly instead of copying the authors' thoughts. Keeping and removing away the stereotype of living and being successful given by media boasting. Like Gustave Le Bon, who is famous for his study public mind, said that no matter how knowledgeable he is, when he's in the situation of a crowded, he will definitely be influenced and lose the ability to think appropriately.

Here I am not trying to indicate a clear standard way about how to live a life, but clarify how to find the most suitable lifestyle.

The last thing I want to discuss is time. There will be a lot of obstacles in the way towards our goals; nobody can easily become successful, so saving our time from useless activities and putting it into nourishing your own ability instead is necessary. Those things which wasting our time are like a huge swamp, we'd die on it if we don't pull ourselves out of it timely. Famous Russia writer Dostoyevsky said like this in his novel *The Brothers Karamazov*: Unfortunately, these young teens don't understand that giving their lives maybe the easiest sacrifice they can ever make, but hardly none of them are willing to spend five or six years to arm themselves with knowledge, even which has magnificent value in his or her future life.

Life is precious, catch the chance or it never comes again.

Reference

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