



**VOICE OF  
RESEARCH**

An International Refereed Journal For Change and Development  
ISSN – 2277-7733

## **CERTIFICATE**

THIS IS TO CERTIFY THAT

*Mr./Mrs./Ms. Dharna Sharma*

---

*contributed with the publication entitled*

**OPTIMISM AND ITS RELATIONSHIP WITH PHYSICAL AND MENTAL HEALTH**

---

*in Voice of Research, **Volume 9, Issue 1***

---

*published on **24th June, 2020***

---

**Dr. Avdhesh Jha**

Chief-Editor